

IN THIS ISSUE OF THE LARIAT...

SPORTS: Buckaroo Spring Sportspg. 2
INTEREST: Seniors Offer Treasures and Truth.....pg. 4
EXCLUSIVE: The Time Thief Uncovered.....pg. 6
LIFE: Make Summer 2013 Amazing.....pg. 8
SENIORS: Last Will and Testaments pg. 10

Government Class Exercises Right to Assemble

Wednesday, May 8th the U.S. Government and Citizenship class at Monticello High School organized a massive gathering to utilize their First Amendment rights to protest new Federal regulations regarding school lunch handed down by the Obama administration and the school's policy regarding sports shorts. They had been recently discussing the Bill of Rights found in the U.S. Constitution and felt that applying what they had learned could be beneficial to the entire student body. The class consists of four seniors and nine juniors, who boycotted school lunch by making their own for anyone willing to pay the bargain price of \$2.00.

The class served pulled-pork sandwiches, bags of chips, and assorted treats. Anyone wearing sports shorts would also receive a free pop. The movement began small, but anyone present could see the event was well-attended. They served just short of 200 students. As this was technically "civil disobedience," (requiring some type of consequence) students eating the provided lunch were not allowed back on school property until they were finished eating. Unperturbed, the class set up shop across the street at the Seminary building, determined to practice their right to assemble. The school cafeteria was



ready for the event! Flyers were posted all over school to announce that day's menu, most important of which featured cinnamon rolls, free ice cream, and free pop. It was a tough decision for a few; most had already pre-purchased tickets to join the unrest, while others were debating what to do. A few of the smartest students actually attended both. Overall, the protest was very successful... and delicious. The U.S. Government and Citizenship class would like to thank the Cafeteria Staff for all their hard work making school lunch enjoyable for students at Monticello High School. They have taken the new mandates regarding what they can use and what they can't from the Federal Government and worked miracles for the student body at Monticello High School. They truly care about the students and it is greatly appreciated.

Mr. Keyes, who teaches government and supervised the event, said, "I don't want the wrong idea to come out of this. Our cafeteria staff does a great job with the resources they are allowed. They look after the students at Monticello High School and we really appreciate all they do, but these students wanted to do more than just talk about their First Amendment rights. They took the lead and haven't looked back since the idea was presented. They will remember this event long after they have forgotten everything else we have talked about in class and that makes the entire day worth it."

Nevertheless, this protest was government-oriented. Had the government not insisted we eat beans four days a school week, they might not have acted up. Yet our school lunch is still oppressed, and so it can be seen that in troubled times, good will rise up against evil.



Golf 2013 *by: Justin Wright*



Buckaroo Baseball 2013 *by: Rachael Barlow*



Buckaroo golfers braved the cold and dry surfaces to compete against region opponents Green River and Pinnacle Canyon. Region meets were held in Monticello at the beautiful Hideout Golf Course, Green River, Mill site in Ferron, Utah, Moab, and Price. The Buckaroos were led by Junior Tanner Eardley, a single digit handicap golfer, and Sophomore Jens Brewer. Lady Buckaroo golfers were led by head coach Des Esplin and Junior Katie Boyle. Boys were coached by Ben Crane.

State Golf will be held in Rose Park on May 14 and 15th. Tanner Eardley is again an expected top five finisher.

Led by slugger Austin Maloy, the Buckaroo Baseball team enjoyed another great season. Maloy led the Buckaroos in home runs with four showing off amazing power with a few of his long balls. Juniors Austin Wilcox, Dillon Maughan, Jake Giles, Shayne Christensen, Easton Nielson, and Hunter Bowring also enjoyed a success on the diamond. Contact specialist McKade Maloy was a near impossible out at the plate and anchored the middle infield playing a solid second base for the Buckaroos all season. Austin Maloy, Shayne Christensen, Easton Nielson, and Austin Wilcox covered the majority of the innings on the mound; Christensen keeping left handed bats honest and Nielson complimenting the hard throwing Wilcox and Maloy with his assortment of junk, proved to be a successful equation for the Buckaroo pitching staff.

The Monticello Buckaroos Baseball team started the year out with a win against Dolores, 7 to 6; Thursday, March 14, 15 and 16, in the Cortez tournament in Colorado. They also played Dove Creek, and Cortez losing to both teams, but not by far. (Dove creek, 8-5) (Cortez, 5-3). Their following game was played against Emery, (losing, 9-1). They came back with another win against Dolores, (8-1), and a win against Millard, (4-3) at the San Juan Invitational. They lost to San Juan both times, (4-0 the first, 13-3 the second). Replaying Emery, they lost, (14-3), but Austin Maloy had a pretty sweet line-drive home run, even though the wind wasn't exactly on our side. They played Grand after that and lost by one run in Moab (14-13). They bounced back to get their first region win against South Sevier (13-3). The Bucks rematched South Sevier and lost by two runs in the second of the double

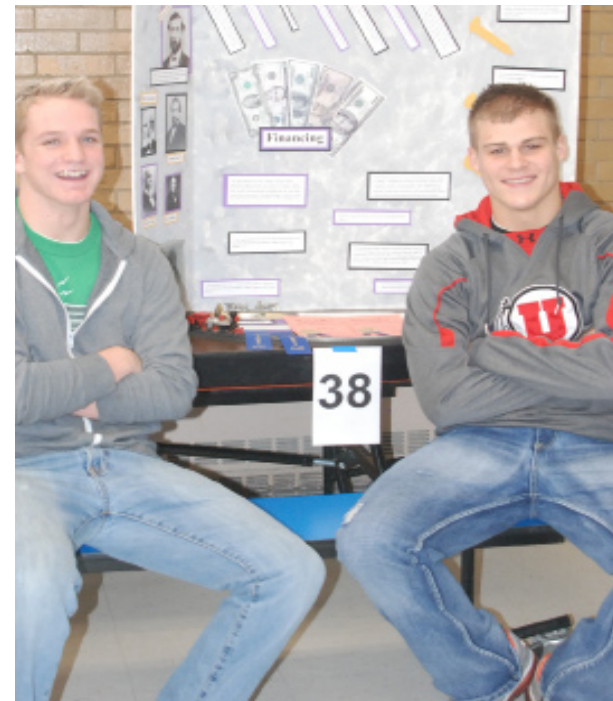
header (7-5). They battled with San Juan next and lost (20-11) in a classic San Juan County shootout. With the win blowing directly out a lazy fly ball turned into a monster home run. The Buckaroos next faced off with the J.V. squad from Farmington, New Mexico and Rowland Hall for a weekend full of ball games. The Buckaroos narrowly lost to Farmington but picked up a win against Rowland Hall the next day. The weather was cold, but the officiating for those two contest were outstanding; many of the spectators complimenting the AOFBHC (Association of Former Buckaroo Head Coaches) for graciously umpiring the two ball games. The Buckaroos finished their season on the road in Richfield. losing both times, (7-6) and (8-3). The Buckaroos finished the season at home beating the Grand County Red Devils 10-5.



Track and Field 2013

By: Justin Wright

Runners to your mark... Get set... Finally, a gunshot signals the beginning of the race and the runners are off. The Buckaroo Track and Field team is nearing their finish line as the season wraps up at Brigham Young University's Track and Field facility for the state meet. Both boys and girls teams have competed well throughout the season in a wide range of events, including: sprinting as fast as one can; tossing the javelin, throwing the discus, or putting the shot; long or high jumping; or surviving the distance events. Track can help test nearly every ability an athlete wishes to push. The team looks to raring and ready to go with dominant region performances last Thursday (May 9.) The Lady Buckaroos placed first with 179 points beating the nearest team by 137 points. Likewise, the boy's team outscored their competition by 85.5 points scoring a total of 165.5 points. Good luck Buckaroos, run fast, throw far, jump high!



State History Fair

By: Nathalie Reay

Wednesday, April 17th, eight of our high school students and eight of the Junior High travelled to Thanksgiving Point to participate in State History Fair. In high school, group Exhibits were by Eric Anderson & Austin Wilcox (Transcontinental Railroad) and Dillon Maughan & Sheldon Lewis (UPS). Curtis Baird entered an exhibit featuring the 13th Amendment. Websites were made by Katie Boyle (World War I). Essays were written by Arianna Reay (Joan of Arc) and Austin Maloy (Jackie Robinson).

In Junior High, group exhibits were by Quincey Ryan & Jordan Pipkin and Carson Tracy & Cordell Walker. Individual exhibits were by Allie Maughan and Easton Bowring. Lane Deter created a website and Jared Crowley entered an essay.

Congratulations to Eric Anderson, Austin Wilcox, and Arianna Reay for each winning 3rd place at State! Good job to all the State History Fair participants; we hope to see even more next year!



Monticello Buckaroo

Kaitlin Clark

Post High School Plans - To go to College at Southern Utah University

Favorite Memories of MHS- Playing Powderpuff football, it was so much fun to score my first touchdown. Also all the sports events, I loved cheering really loud so that even the football players could here me out on the field, going to all the school activities and events and just hanging out with my friends. Being a part of the great sports teams especially the girls basketball team, I loved having all of them on the team and they really made my last year the best.

Most Embarrassing Moment at MHS- Falling over the chairs in Dove Creek at a basketball game and knocking the whole row of chairs down while everyone happened to be watching me.

Advice I would leave...Go to class and always be yourself don't let what other people say about you bring you down.

Last Will and Testament

To the basketball team I leave all the fun bus trips, hard work and the love of the game. To Shania DeAnda I leave you all the inside jokes we had and all the weird conversations we would have on the bus trips. Be strong, even though I wasn't always around for you to talk to, I know that you are a great person and you have so many great things going for you, keep up all the hard work and you will go places. I leave you all the wonderful track practices we would make our own. And a little patience with all the girls in our school. To Ashley Hoggard, I leave you all the hard work and dedication I had when I would actually work hard, I leave you all the 50 cent tuesdays when we'd have at least 3 fountain drinks full of coke. To the Little Basketball players coming up, Coach Chadwick isn't a bad guy and he really isn't all that scary, just ask Roxy she would make faces while he was talking. Keep playing the game for the game not for the coach, and don't quit just because your friend isn't playing. The girls on the team will make you feel right at home. To Zoe Chadwick I leave all my beautiful hurdles and hurdling skills, I wish you luck and I hope you stick with it, because

only you and I will understand the joy it brings. And to My Siblings I leave behind this school and all that comes with it, there will be people who will try and cause problems and try and drag you down, but just keep your head up and stick with the people who bring you up. You can make high school miserable or you can make it one of the best times of your life, so live it up. Join in on anything you can and make the best out of it and forget the people who try and bring you down.

Kade Somerville

Post High School Plans - Heavy Equipment Operator or go to the Oil Fields.

Favorite Memories of MHS- Leaving school all the time.

Most Embarrassing Moment at MHS- I would say having a mullet but it was too legit to be embarrassed about.

Advice I would leave...Don't have any!

Last Will and Testament

I Kade Sommerville leave all this mayhem to Masen Johnson.

Brittany Keith

Post High School Plans - I'm going to SUU to major in Sports Medicine because thats where its at!

Favorite Memories of MHS- Bus trips with the basketball team was the best! Also state basketball, watching Pitch Perfect, playing truth or dare, and the unity night we had at Ashley's house. Basically everything with the basketball team. They really made my last year the best!

Most Embarrassing Moment at MHS- Probably doing the splits during a basketball game in Whitehorse.

Advice I would leave...Don't miss out on all the activities and fun! They're actually a lot of things i wish i would have done.

Last Will and Testament

To the basketball team I leave the fun times and amazing bond we all had as a team. I leave Aapree Sheeran the captain spot and to Ashley Hoggard and Shania Deanda i leave the fun bus trips. To Bailey Goodwine to lead a successful X-Country team. To Roxanna Cordova the funny faces during practice while Coach was trying to coach. To Megan Shaw all

of the random comments and lastly I leave to Madison Nielsen and Mikayla Leiatua the insane subjects talked about in class.

Lydia Chadwick

Post High School Plans - Go to SUU

Favorite Memories of MHS- Uhhhhh..... School doesn't exactly bring to mind any happy thoughts.

Most Embarrassing Moment at MHS- No comment..

Advice I would leave...Marty Brewer is awesome if you ever need any help.

Last Will and Testament

To my mom, I leave a lot of late-night chats and embarrassing stories. To Mr. Keyes, I leave a heck of a lot of tardies and the relief that I'm finally gone. To Devin and Mikaela I leave a lot of fun times. That's about it.

Devin Dalton

Post High School Plans - Graduate college...

Favorite Memories of MHS- Taking state twice!! Ummmm.... Car trips with Esplin. & Dumpster diving with Mikaela.

Most Embarrassing Moment at MHS- I don't have any.

Advice I would leave...Take as many classes as you can, but have fun too.

Last Will and Testament

I Devin Dalton leave to Mary Beh my mom's sandwiches. To Molly, I leave the weight room. To the volleyball team, I leave my vegetable tub and food. Enjoy.

Rachael Barlow

Post High School Plans - Get a summer job to earn some money and go to Dixie in the fall.

Favorite Memories of MHS-

Definitely cheering at all the football and basketball games. Being a kid in High School: cruising the streets basting music, ditching class, hangin with friends and making memories!

Most Embarrassing Moment at MHS- I've had my fair share of embarrassing moments. But the one I don't mind sharing with the whole town of Monticello would have to be when I played in the Powderpuff game in October. I was on the Endzone

Destroyers, Seniors & Freshman. The very last play of the game, we were about to score, yards away from the endzone. and I fumbled Toni's snap to me. We only lost by one point I think. But still. It wasn't cool to me and i still feel bad to this day that I lost us the game. We had a good team. But thats okay. It was still fun and I had a blast!

Advice I would leave...Advice.

Hmmm. This is a tough one. In all of my 4 years in High School I sure learned a lot. Last year, here in Monticello, someone wrote in my year book that meant a lot to me. He said, "Remember who you are". No one has ever said that to me before. So I didn't know what to think. But I realize it now, don't ever let anyone change who you are and bring you down. High School is pretty darn good at that. Boys and Girls, Remember who you are and what you stand for, Never fall for anything. School Sucks sometimes, but live it up and make the best of every moment because it doesn't last forever. Do dumb things, have fun and make lots of memories. If you don't do dumb things when you're young, you'll have nothing to smile about when you're old.

Last Will and Testament

I Rachael Barlow- I don't have much to leave. But here goes it. First would be little Miss Loren. I leave my ability to meet a new friend next year to say Hi to and brighten their day with her cute self. Second, little Jake Freestone, I leave my flirting skills, because we all know how big of a flirt I am and he might need them. (wink wink). Third, to the one and only, Nolan Freestone! Ready for it? My bumper car! So he can practice-to-be-perfect doing all of his famous brodies and burn outs. So he's pro by the time he gets his own car. Next, my dinosaur, Rex, so that can be his new cuddle buddy. (Totally kidding). And Last but not least, my 'second' favorite Freestone, Matthew! To him, I leave my great wisdom in all things life has to offer, his fantastic basketball abilities, (because he obviously gets them from me), and my great taste in music. Especially Mackelmore.

Senior's Last Words

Rylan Goodwine

Post High School Plans - To have a meaningful last summer at home, and at the end of the summer chances are i'll be on my mish.

Favorite Memories of MHS- Its safe to say my favorite memories were usually with the brothas and a grand adventure of some sort. some of my favorite memories include mischief with Derek and Terek, listening to Spencer (smoosh) Frost talk about his lady problems, having Nancy and Blue teach me all about women at a meager age and last but not least, just raising a little too much "heck."

Most Embarrassing Moment at MHS- Probably when I had to write an apology letter to someone I offended greatly, with Mr. Sharp reading it and laughing heartily over my shoulder...

Advice I would leave...Never wear costumes that resemble fruit to a sporting event..

Last Will and Testament

I Rylan Goodwine leave these good words to my people in Monticello. As my high school career comes to a close I would like to leave my uncanny ability to get free pops from the pop machine to Andrew Torres and Eli Johnson, Use it well little buddies. I would like to pass the torch of harassing Chambo to My little brother Clay... do me proud brother. I wish to leave the spirit of causing great mischief and cruising main to Nolan Freestone, its a beautiful thing and it will treat you right man. As Ms. Barton's favorite student, I leave that title to anyone who dares try to get it. But like my legacy here, I'm sure that it will just vanish as soon as I leave..Lastly, I want to leave Sheldon (Mac Attack) Lewis my pristine locker, a cheerful attitude, the magical mindset of not giving a crap, always raising "a little too much heck." Most importantly I leave you with "the roost" and all its wonders. May it help you during times of trial and tribulation.

To the rest of you, I leave my buried

treasure, which is hidden on school grounds. No lie. But since none of you are smart enough to find it, It will probably just lay there for decades, waiting to be found by someone worthy enough to enjoy it.

Jessica Ewart

Post High School Plans - After high school I plan on working all summer to earn money for hair school in September.

Favorite Memories of MHS- Talking state in volleyball was my favorite memory, but also skipping 5th hour with Toni to get a Mountain Dew, and making potions on cheer trips.

Most Embarrassing Moment at MHS- Probably my nickname (Thank you Vance)!

Advice I would leave...Don't skip class after class or it will get you nowhere but in lunch detention for two weeks.

Last Will and Testament

I Jessica Ewart leave Ashley, Lashay the great volleyball trips, heart to hearts. Shanie the "massive buns." To Tara and Shannon the awkward dancing in cars. I leave Andrew all my amazing country music. I leave my sister Ashley the greatest nickname ever. Kerby all the bouncy balls and grapes. Tiara I leave mine and Shaylyns potion making skills.

Stevee Wilcox

Post High School Plans - Go to college at SUU and become a registered nurse and get rich!

Favorite Memories of MHS- Taking state 2 years in a row of course, playing Powerpuff even though I wasn't supposed to, and volleyball trips.

Favorite Memories of MHS-- Getting low for a pass and ending up doing the splits and not being able to get back up at the St. George tournament.

Advice I would leave...Have school spirit and get involved.

Last Will and Testament

I Stevee Wilcox leave to Mary Beh "lasagna," to Curtis Baird our road rage, to Matt Freestone all 8 seasons of One Tree Hill, to Isaac Flake my

seat on the stinky bus. ENJOY!!!!

To Miranda Martinez playing at the park, our "teamwork" in floral culture pulling funny faces at the team across the net, and my awesome diving skills. To the volleyball team my team spirit, awesome bus trips, and the game Screaming Toes in the Taco Bell parking lot..... STATE CHAMPS!!!!!!!!!! To Shania DeAnda "LESH GO" and sexy towel dancing! To Sheila Wells (assistant volleyball coach) My "happy" sign. To Coach Esplin my awesome quicks in Navajo Mountain. To Beth Cecil our jam sessions in my car, our hour long laughing attacks over Taco Bell quotes, and our awesome dancing skills

Zach Johnson

Post High School Plans- Go on a mission, then get some schooling in.

Favorite Memories of MHS- When we played moab in basketball here this year and killed them.

Most Embarrassing Moment at MHS When I got busted for jumping my truck and had to clean stuff at school.

Advice I would leave...Work hard.

Last Will and Testament

I would like to leave burrito day to Clayton Westcott, the solemn duty of fouling out as much as possible to Jens Brewer. To Tyler Bird my lunch box, all packed and ready for state.

Avery Gallegos

Last Will and Testament

I Avery Gallegos leave Elena Mitchell my stupidity. Jared Tanner gets my locker, so he can put his feelings in there. Roxana Cordova, gets the song "She'll be comin round the mountain" and meditation or else she'll go crazy. Vanessa Alba, gets "Party Food". Mariah Halls, gets legit driving skills and my road rage. And Lejon Gines gets best wishes.

MiKaela Hughes

Last Will and Testament

To Roxy and Aapree great basketball trips, throwing pillows at people sleeping and getting birthday presents. To Lindsey, Mariah and Mary fun state drama trips with awesome dances and people and

talking Avatar. To Vanessa fun times in Spanish and Fiesta Trip. To Makayla (Myself) I leave you throwing discus, shot and speaking suh-huh-buh-bum.

Justin Wright

Post High School Plans - I'm headed to New York for a couple years, then I'll get back into my learning adventures.

Favorite Memories of MHS- Being involved in any athletics I was involved in. Cheering our girls to victory at State Volleyball. And taking State in Cross Country and in Band.

Most Embarrassing Moment at MHS- Knocking over my microphone during the Most Preferred Man assembly not once, not twice, but so many times I didn't care to count.**Advice I would leave...** Be involved in all you can, it's busy but worth it. Have fun and work hard. Remember good is the enemy of great.

Last Will and Testament

I, Justin Alexander Wright, leave Sheldon Black the good times of songwriting and beatboxing. I leave the responsibilities of quality dates and cute ways to ask people to dances to Eric Anderson. I leave Tyler Bird speed and dedication, as well as traditions- keep them alive. To Austin Troy Wilcox I leave the volleyball cheers as well as the glory of the three D's. To Hunter Bowring I leave band and the ability to teach yourself guitar. To Adam Rowley I leave high tenor singing and the tradition of the Messiah- good luck. To Molly Anderson I leave short notes, deep talks, and rocking piano skills. I leave what skills I have in photography to Elena Mitchell. I leave Denae Carter the smile and hello in the hall right before fourth hour. To Brian Tanner I leave the talk we've shared and nice guy persona. I leave my seventh grade band buddies no mistakes in future challenges and music theory, maybe one day you'll appreciate it. To Brayson Wilcox I leave the ability to play legit piano songs. Good luck everyone else, and I'm sorry if I forgot anyone... That is all.

Continued on page 10

Good Luck
Class of

2013



Procrastination:

two essays on the deadly disease of pushing today to tomorrow

By: Nathalie Reay

A new threat has been detected among high school students; it is called procrastination. Technically, this threat isn't new at all. It's been around since people have been, and long before high school students. What is procrastination? It's really just a fancy word for putting something off, for intentionally stalling the work that you need to do. Everyone at some time in their life has been guilty of this, so don't feel bad and don't plead innocence. Nobody can escape the dominating threat of procrastination. Or can they?

First, it might help to know what causes procrastination. According to an article that I found on a scholarly-network site (which obviously has to be credible), procrastination is caused by four main problems.

Number one is "overload and inability to prioritize". This just means that some people feel they have too much work to do, put it off, and finally fall to the suddenly apparent reality that their work has accumulated to an undefeatable amount.

Number two is the fear of either failing or even succeeding. When someone can't face the idea of total failure, they would rather just not do the assignment. In the end though, the assignment still needs to be done. As for fearing success, some people don't want to deal with the heightened expectations that await such a possibility.

The third problem is poor time management. So many people underestimate the amount of time they have to complete a task that they leave it to future accomplishments, not realizing that the future never comes. They don't take into account that they probably won't have any more time in the future than they have currently. They undershoot and miss.

The last cause of procrastination is boredom, or just plain laziness. Why do an assignment that's virtually two grade levels below your own? Why do an assignment if it's easy enough to do five minutes before class? Unfortunately, when an assignment gets boring, there's little incentive to finish it.

Procrastination has a lot of bad effects. It

doesn't just earn you a pretty column of F's on your report card, but it also hurts you as a person.

First of all, procrastination lowers your self esteem. The more you put things off, the worse you feel about what you're doing and about yourself. Then there's the failing part and that's never good for anybody's morale.

Procrastination also affects your learning. If you procrastinate one assignment, it makes it harder to catch up with the work that you need to do because you are busy completing an assignment that you should have already done. Pretty soon, one procrastination leads to another and you can't break free without a major pull.

Thirdly, procrastination might seem like a good idea if you have a lot to do and are very stressed. In reality, that's a horrible idea. Someone might procrastinate thinking that the postponement of work will give them a break for a moment, but it only increases stress levels. It's actually better if you just take the time to do the work and get it over with.

Fourthly, procrastination makes you feel helpless. You can't get things done and there's not much of a reason to stay motivated and try hard.

Lastly, procrastination ruins opportunities. When you busy yourself with old work or when you aren't doing anything at all, you could be missing very important opportunities.

Worst of all, the more it is practiced, the more procrastination becomes a habit. So how do you beat it? Just put on a smile and start a little at a time. Do it today and not tomorrow, figure out what you need to do and what you are doing. It will take time, but there is a way to conquer it.

A wise man once told me, "Never do tomorrow what you can do today." That puts it in a whole new perspective. I usually say, "I 'can' do it tomorrow." What I didn't realize was that "I can do it today".. Just remember that although procrastination jumps on everyone, everyone can beat it.

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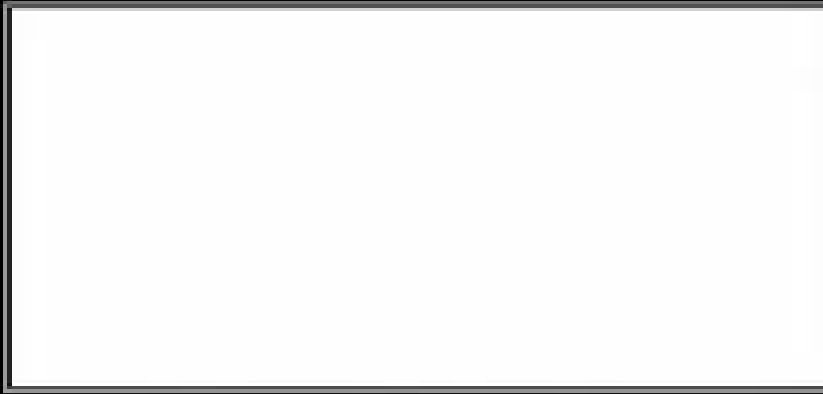
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PROCRASTINATION

FULL FIND A PICTURE FOR IT LATER

By: Zach Johnson

Procrastination, why do today what can be put off till tomorrow? Sounds like a pretty good philosophy right? It's easy to say I'll do it tomorrow. And why not do it tomorrow? That means you can do what you want today. I'm here to tell you that procrastinating is no good. Procrastinating causes unneeded stress, it prevents people from reaching their true potential, and more often than not procrastination results in cancellation.

Procrastination causes people a lot of unneeded stress. You always think you have another day to get things done until you don't. The old saying comes to mind, "How do you eat an elephant? One bite at a time." When you procrastinate you end up with one night to scarf a whole elephant. You have known you needed to eat it but for whatever reason, you decided to wait. Now you have to pull an all-nighter hoping you have the endurance to pack it away. You might make it, you might not. That's the risk you take. That is a pretty stressful predicament especially when you got Ms. Barton, your parents, and the end of the quarter breathin down your neck. Now, don't get me wrong, I've participated in my fair share of procrastination. I've been in my fair share of situations because of procrastination and it's no good.

Simple fact: You can not accomplish your best work when you are overly stressed. When you know you've got a 1500 word essay due the next day you don't really care what those 1500 words say, you're just worried about filling up the paper. When you don't have time to put some good thought and a little research into your projects they aren't going to turn out very good. It's a lot like running when you're sore. You aren't going to run as hard as you can and the run won't give you the results you want. When your mind is stressed (sore) it won't be able to focus and work (run) like it otherwise would. As Ms. Barton says, the brain is a muscle, and if used right, can do amazing things. The Wright Brothers didn't invent the plane the night before they were scheduled to fly. I'm sure they would've liked to take a break, go to shell, get a pop, talk to some women, and so on especially when things weren't goin' good. But did they? No, they stuck with it and got it done. Not everyone can invent a plane, but everyone has different ideas and opinions that are good and need to be shared. Think of what life would be like if people were too selfish or lazy to share their ideas. Take Ben Franklin for example; what if he decided he didn't want the rain to get him wet so he didn't go fly that

kite in the storm? Or maybe he thought he would just wait for a different storm. What then? Where would Thomas Edison be? With no electricity there would be no light bulb, with no light bulb we would still be reading by candle light, walking through the night by the light of a torch, and watching puppet shows instead of T.V. There are countless great ideas that have come to light because Ben flew that kite. What about the guy that invented the kite? Where would Ben be without him? Innovation leads to innovation, and if people don't take the time to put their best effort into their work then the world gets nowhere.

So now its Sunday night, you're sitting in your room, math book open, papers all over, six assignments due Monday and on top of that, a test, all in Mr. Reeve's class. If you do it right, you have got anywhere from four to five hours of work in front of you to even be close to ready. About this time thoughts start coming into your head like, "Well, I'm probably not going to do that good anyway. Why put all this work into something that won't pay off?" Or I'm sure one of Mr. Reeve's personal favorites, "What do I even need this for? I will never use it again in my life." All these thoughts dispel whatever little bit of motivation you had to do the work that needed done. In your mind it's looking like an uphill battle that you will never be able to win. Now you're leaning towards just taking your chances. Maybe Mr. Reeve won't be there tomorrow. Maybe he will be way behind on his grading and give you some time to work in class. So by now, the habit of procrastination is moving in for the kill. Time to just put it off and hope for the best, you have finally collapsed to the path of least resistance. Monday comes, you fail the test, you have nothing to turn in, and that's just how it goes when you procrastinate.

What is the solution to this problem? I think everyone probably has their own way of dealing with procrastination. For me, scheduling my time is the answer and simply eating the elephant one bite at a time. Set some time aside to work on your projects, preferably the same time every day, build that habit instead of the habit of procrastination. When I say eat the elephant one bite at a time I mean just bite off what you can chew. Set a goal according to how much you need to accomplish and just do that, and if you're feelin' brave do a little more, otherwise, just save it for a fresh day. If you just work when you can and don't waste time you will be amazed how much you can do. Your natural ability can only take you so far, hard work is what finishes the race.

Post High School Opportunities

By: Stevee Wilcox

What are you going to do after graduation? Are you going to further your education? Are you going to get married? Are you going to get a job? Are you this? Are you that? All you juniors and seniors out there have been through this question ringer about a billion times. It gets really annoying doesn't it. The reality of it all is that most High School graduates don't have the slightest clue of what their next step will be in life. There is only a small majority of kids that know exactly what they want to do with their lives and are planning accordingly. But what is really out there for this generation of young adults? Is college really a good investment or is working right away the way to go?

Young adults that decide to go to college face many obstacles.

College isn't cheap and if you decide to go it's up to you to pay for it.

There is help out there though if you go through the process of hunting down and applying for scholarships that you qualify for! Cost isn't the only obstacle. Other questions arise like what school is the best choice for me? What field of study do I want to go into? Does this college offer everything I need to become successful? These are just a few of the many questions that come up when making a decision on your future. It's very mind boggling.

Statistics say that 21.6 million students attended American colleges in the fall of 2012. This is a 6.3 increase since 2000. Young adults are realizing that a college education opens up doors for better careers options, better pay, less unemployment, bet-

ter standards of living, etc. Having a college education gives a person the upper hand in the job market. Think about it. Say you have a business. Would you rather hire a person that is properly trained and can go right to work or have someone without the proper training needed to do the job. This is a no brainer. The person that is college educated would get the job over someone not educated most of the time.

A lot of people believe that college graduates earn about one million more dollars in their life time then people that don't choose to go to college. This goes to show that a college education will not only make life more comfortable but will also win you a lot more breathing room when it comes to money.

School isn't for everyone though.

Some people just aren't built to be students any longer then they are required. Going straight to work is the best option for those kinds of people. The plus side of working right away is that you aren't in any type of school debt. You're also working right away and putting money back into the economy. It may not be the highest paying job but it's still a job. Another plus is that you don't have the stress of figuring out how to pay for education. So really you save yourself a lot of worry and money.

There are so many opportunities out there these days. The sky is the limit. Ultimately it's up to you whether or not you take advantage of your opportunities or not.

Letter of Tribute to the Departing Seniors!!

I am proud to announce here and now my undying gratitude towards you. If anyone has inspired me to act at a level of abject humility, it is you. I have relished every burden you have laden me with, I have felt all the more enlightened with every privilege you have relieved me of, and even now I feel honored at the prospect of kissing your very footsteps. You are, after all, the great and noble Seniors of Monticello High School.

Perhaps another might not see things the same ways as I do... A clouded vision definitely changes one's perspective. I, for one, understand this situation with perfect clarity. How anyone could tarnish this silver image of chivalry, finesse, and duty I have no idea. Regardless of the

overall deluded mindset, I see you Seniors as standard bearers for all who will follow you in the years to come. Let me assure you that you have my complete confidence in what you are doing now; don't make any changes in your perfect examples, for I harbor no doubt that they will be mimicked in exactness.

Altogether, I am sorry to see you go. I will miss your solid oppression towards us, your lessers. I will miss all you have done for us; or rather, all you have made us do for you. If I have but one hope for the future, it is the promise of yet another year of wonderful Seniors.

SINCERELY,

PSEUDO NYM



Zach Johnson presenting Mr. Keyes with the infamous "What would Johnson do" plaque!

10 TIPS

FOR INCOMING 7th GRADERS as created by Steve Wilcox



1. Don't walk down the hall at the speed of a turtle. It's irritating to get stuck behind you.
2. Don't run to the lunchroom. There will still be food I promise.
3. Don't put your whole locker in your backpack. You have a locker for a reason.
4. Don't get on Ms. Bartons bad side. She will tell you to go back to elementary school.
5. Do whatever the seniors tell you. They know everything.
6. Don't get upset when your boy/girl friend talks to someone else. You're not in love after 2

days I promise.

7. Make some upperclassmen friends quick. They could save your life one day.

8. Don't establish your own identity. You are just known as a seventh grader.

9. DON'T be cocky. You are at the bottom of the food chain.

10. Don't bunch up like a herd of cattle in the middle of the hallway. When upperclassmen get tardys they will blame you and you don't want that!



Make Summer Count

By: Rylan Goodwine

This past summer was arguably the best one of my life. Every night the brothas and I were out causing mischief and having a grand ol' time. It was truly just a beautiful summer ya know? Most nights included cruising, drinking Mtn. Dew, fires and many other fun activities. One of my favorite summer memories was the time a bunch of us gathered at Recapture for a day of fun in the sun. Duncan and I grabbed the ingredients for burgers and hotdogs and away we went. The day was filled with swimming, eating and jumping bikes into the lake off the amazing ramp Vance and Zach provided. Finally just a good ol' campfire where we all swapped funny stories. It was a picture perfect way to kick off the summer, and I guarantee we will do it again. Although that was a great day, it probably wasn't quite the best day. The best part of this past summer was every day was just a good day.

Everyday was a fairly different story as far as the stuff I was doing. Somedays I would skate the town with Vinny on our longboards, accompanied by Brandon and Cole. Somedays I would just go up on the mountain and

run wild with the bear cubs, catch fish and just hang with them in their den. That was great. Most nights consisted of my partner in crime and I putting our mark on this town in some way or another. Wyatt Holyoak and I raised a lot of heck and if you think otherwise you're ignorant and most likely jealous. The bros and I (Vance, Zach, Brian, Freestone, the list goes on...) spent a lot of time out in the wild figuring out the worlds problems under the influence of dew. Our camping trips will always be classic just because we know how to have a good time. Here's a classic story of Wyatt and I that will go down in the history books. There we were sitting in his truck sippin' on coke glasses when Sarah Walker (Wyatt's former flame) kept on driving by us. After she made four or five passes, we determined that she was trying to see who he was with. Wyatt has a very dirty truck with muddy windows therefore all Sarah saw was two figures sitting there. As I saw her coming back for another gander at us, I scooted over to him so it looked like he had a lady friend getting all cuddly with him. She hastily hit the breaks for a better look at us. The windows were fortunately very muddy and tough to see through in the dark

so she saw what we wanted her to see. Following our instincts we fired up the ol' ranger and went on the lam.

Wyatt then received about five sizable texts from her that said "What are you doing?", "Who are you with?" and then finally a phone call. Then she found us and chased us a little, but but with some marvellous driving skills we lost her. It was legendary. All in all, summer was great. I am determined to make this next one even better. The sad thing is that this is my last summer at home as a free spirited teenager. I'm pretty sure none of you underclassmen know how us seniors feel, but you will someday. My word of advice to you youngbloods is to enjoy the ride while you're on it. Just have fun where you're at, and don't count on others to make things fun for you. You have to put in a little effort. I think thats why a lot of kids say "Monticello sucks", because they wait for the fun to come to them. You have to make the good times, and thats why me and the brothas have a swell time no matter what we're doing. Make this summer count.

CLASS OF 2013 SENIOR'S LAST WILL AND TESTAMENT

Shaylyn Black

Post High School Plans - I will be attending Snow College in the fall, working on my generals and taking dance classes.

Favorite Memories of MHS- State Basketball cheer trips, telling the waiter it was someone's birthday every time we went to a restaurant, Washington D.C. trip, Junior Promenade, Volleyball dance parties before our games, volleyball song dedications and Coach Esplin's fist pump after taking State!!

Most Embarrassing Moment at MHS- Hmmm.. In Jr. High I tripped on a pen and fell in front of the boy I liked.

Advice I would leave... Participate in school activities as much as you can and have lots of school spirit. It will make high school so much more fun.

Last Will and Testament

I, Shaylyn Black, leave to Eric Anderson peach mango ice cream, Bernard, colorful pants, princess parties and my glass slipper. To Mary Beh mushka, lasagne, and my buckaroo sweats just in case! To Coach Esplin my State Champ moccasin boots. To Loren Nielson and Tiara Cordasco my potion making skills. To Denae Carter my awkward dance moves. To Kamrie Langston yummy grandma food. To Curtis Baird my crutches just in case you break your nose. To Easton Nielson my famous brownie recipe and pictinary. To Sheldon Black..the Blazer and dancing in the kitchen when you don't know what to eat. To Atlanta Black all of Coach Esplin's teasing in volleyball and my sour cream addiction. To the Drill/Cheer Team 13th grade, "It's My Birthday" dance, and "spot a Mo". To the Volleyball Team "whoopay" and "ricochet", and the La la la dance!

Mariah Frost

Post High School Plans - I plan on going to college at USU Price and majoring in art. Favorite Memories of MHS- The car cram. Going to state drama, choir, and solo and ensemble.

Most Embarrassing Moment at MHS- Dropping a big stack of books on my head in front of the entire class...

Advice I would leave... Think about Sterling Scholar now. Read the book Outliers. Listen to your teachers and don't get in trouble.

Last Will and Testament

I Mariah Frost leave the school lunch to the student body. Please endure the beans with beans and the raw veggies for me. I also leave the library in the capable hands of Adam Rowley. I hope he becomes a library aid next year and helps endorse Mrs. Chadwick reading campaigns. I also leave you with my last testament. If you think high school is hard, it's only your over-dramatic teenage mind playing tricks on you. Don't waste your days thinking it's never worth it, because school has proven to me the most helpful of tools. Even when you think you can't do it, you really just don't want to. In the end, you really can do it better than you thought you ever could.

Jake Duncan

Post High School Plans - Go on my mission and then go to college!

Favorite Memories of MHS- Playing basketball with my brothas and talking to Coach Keyes about life..

Most Embarrassing Moment at MHS- When I dropped the winning touchdown pass that would have beat Duchesne...

Advice I would leave.. Don't spend all your time studying have fun and make memories.

Last Will and Testament

As I approach my final days of my high school career I look at the cruel world I am about to be thrust into and think fondly as I look back on my high school memories thinking of the fellow classmates and faculty I will miss dearly and all the advice I ever received from them, like knowing when to hold'em and when to fold'em, or "you couldn't hit a bull in the butt with a handful of rice". But I will

start out with Jens Brewer I leave you all the girls in the SVC and also don't let anyone get through the lane without a solid chunk. To Austin Maloy I leave my paintball gun and my old school shoe bag to pass down to upcoming generations of ballers.

Brittany Redd

Post High School Plans - Go to college at UVU!

Favorite Memories of MHS- Making new friends on the cross country team and seeing my cousin...

Most Embarrassing Moment at MHS- When I dressed up as Dark Vader at a boy's basketball game...

Advice I would leave.. Don't be afraid to try new things. Step up to the plate

Last Will and Testament

I Brittany Redd leave all the MHS students that are my friends and cousins to follow in my last footsteps and follow their dreams. I leave my locker, #61, to Bryndee so she can have a top locker instead of a bottom one. I'll be waiting for you at UVU! I leave Bryndee and Anna my cross country running skills, to always try something new and to believe in themselves. Sydney, Brother LaRose and my friends will always be my heroes. To everyone I really enjoyed going to school with you guys and seeing you all having a good old time. Thanks again, I'll miss all of you and the teachers.

Brian Robinson

Post High School Plans - I will be going on a mission right after the summer is over and then attend college somewhere.

Favorite Memories of MHS- One of my favorite memories was going down to recapture last year and jumping a bike into the water

off a huge ramp. There was food, music, and it felt like we could have been in a country music video. And going to D.C. was the coolest trip ever.

Advice I would leave... Don't let your time slip away. Spend as much time with your friends as you can because your time is limited! Don't ever worry about growing up too fast because you have your whole life to be old, so be a kid for a while!

Last Will and Testament

I, Brian Robinson, hereby leave: that old Mazda to my partner in crime Steven. May you always ride on those black tool boxes to go move pipe. To Tyler and Everett, I leave the Utah Spazz. Don't let Maloy bully you in 3-on-3 anymore. To my buddy Eric, I leave you 18 of the 20 corn dogs we would cook on the occasional Friday. To Sheldon, I leave my pair of real spurs. Get rid of those ones with the dingle boppers on them. I leave the percussion to Kyler. Don't let Jesse get to crazy back there with the beef sticks. I leave my extra small Emery singlet to Brandin Clark. May you grow enough to fill that thing out. To Morgan I leave relaxing in the library and shootin' the bull with Mrs. Chadwick. And lastly I leave bean dips to Mckade.

Collin Hatch

Last Will and Testament

Thanks to everyone at MHS for making high school great! I leave the decision of what to put on next years XC State Championship trophy to Easton Nielson. I leave the saying of "Young Blood" to Tyler Bird. I leave my profound knowledge of the NBA and the title of "Biggest Utah Jazz fan in the school" to Everett. I leave Addison my Altra running shoes and the Ray Allen scowl. Finally, I leave Tanner Eardley my hand shaking abilities and Jens Brewer with the best curly hair in the school.

State Band and Choir

By: Linda Thobe

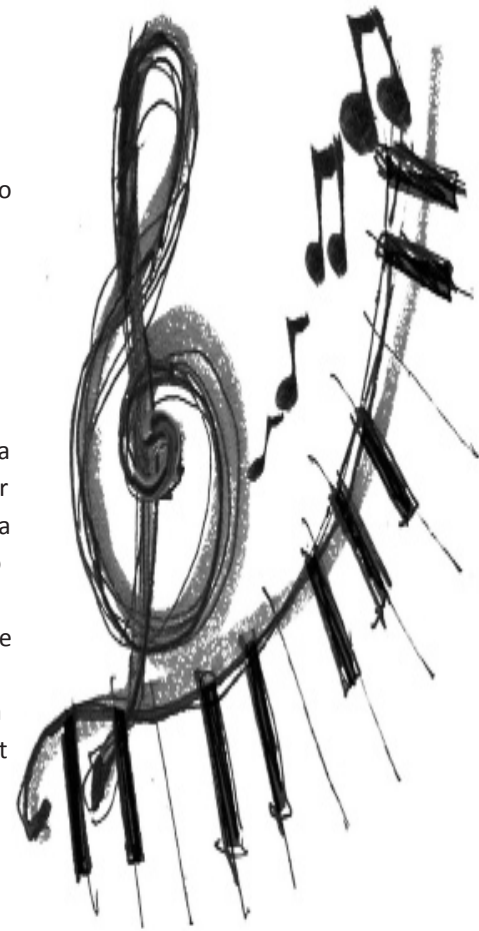
State band took a long bus trip to Jordan High and played phenomenal. Three 1A schools went to Jordan High to participate in the state band competition. Mr. Erickson stated that all of the schools did well but he thought that Monticello's band did the best. Mr. Erickson stated that they were top rated band in 1A and 2A. He stated "I thought we did really well and I'm really proud of them, all that hard work paid off." The songs they played in state band are March Juno, Salvation Is Created, and Star dance. Seniors that participated in band are Justin Wright, Alicia Gallegos, Avery Gallegos, Nash Freestone, and Brian

Robinson. Justin plays the Bari Sax, Alicia plays the clarinet, Avery and Nash play the saxophone and Brian beats on the drums. Mr. Erickson said he is going miss each and every one of them, they have had their share of laughs together. I asked the seniors in band what they like most about band and what their going to miss. Brian Robinson said "The thing I love most about band is messing around in the back with Kyler and Everett. The things I'm going to miss the most are the trips." Justin Wright added, "I am going to miss bringing a group together to put on a fine performance, and also, rocking out with my bass during basketball games with the orange jacket."

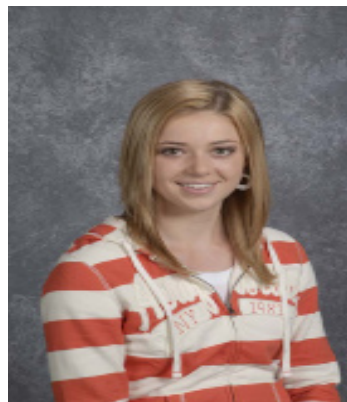
Choir also received a superior score at region earning a chance to compete at the state level. They will sing at Maple Mountain on May 11. Mr. Erickson also directs the choir.

State Solo and Ensemble

On April 27th, many Buckaroos competed at the state Solo and Ensemble compition. Mariah Frost sang a soprano solo recieving a III+, Avery Gallagos played a saxophone solo for a II- Madison Nielson and Mariah Frost sang a duet for a II. Eight choir guys sand in a quadrupele duet gaining a II+ for their efforts. Many girls in our choir participated in a triple trio and they recieved a II. Madison Nielson sang an alto solo for a I-. Justin Wright sang a tenor solo for a II+. Molly Anderson played a piano solo for a II+. Ryan Crowley also tickled the ivory (played the piano) for a II+. Aapree Sherann scored well with a I- for her trumpet solo. Alicia Gallagos recieved a II+ for her clarinet solo. And last but not least a clarient trio composed of Alicia Gallagos, Haylee Holyoak, and Elena Mitchell scored II. Great job everyone and good luck next year.



2013-2014 Student Council Announced!



Elections for Monticello High School's new student council were held on April 26th. Candidates had applied and were running for position of Student Body President (Hunter Bowring and Eric Anderson), V.P of Assemblies (Austin Wilcox and Tiara Cordasco), V.P. of Activities (Arianna Reay and Ryan Crowley), V.P. of Records (Dillon Maughan and Adam Rowley), and Junior High Pres-

ident (Thomas Anderson and Ashley Adair). After hearing from each candidate in an assembly, the student body filed into the auditorium to vote. After the votes were counted, Hunter Bowring was announced as the 2013-14 Student Body President, Austin Wilcox V.P. of Assemblies, Arianna Reay V.P. of Activities, Dillon Maughan V.P. of Records, and Thomas Anderson Junior High President.

Each position was closely contested and each candidate ran a solid campaign. The new student council will work under the direction of Ms. Barton. They meet each Monday during lunch to plan and discuss school needs. Brian Robinson (President), Mary Beh (Assemblies), Katie Boyle (Activities), Eric Anderson (Records), and Easton Bowring (Junior High President) will be leaving office.



DANGERS OF ENERGY DRINKS

BY: LINDA THOBE

Students nationwide love energy drinks. They bring extra energy to a long day full of tests and assignments, extra fuel for athletic events, and more excitement to the day. And yet, there are some serious issues with overconsumption of energy drinks.

Drinking energy drinks can cause cardiac arrest (a sudden, sometimes temporary, cessation of function of the heart). There is a story I recently read on a news website about a healthy 28-year-old male who was a motorcross competitor. He consumed large amounts of energy drinks throughout the whole day before the competition. During the competition, he experienced mild chest pains. He collapsed of heart failure. Paramedics were able to revive him, and he eventually returned to an active lifestyle. Bradycardia (abnormally slow heart reaction) is another effect that can be caused by drinking energy drinks. Energy drinks can also cause dizziness, headaches, and tremors. Everyone knows that energy

drinks are bad for you, but we still drink them. Some teenagers have an addiction to drinking energy drinks such as Monsters, Red Bull, Rock Stars, Amp, Full Throttle, and Shock Ware. There is a new energy drink called Red Line. Red Line is a very strong energy drink and is very dangerous. In the fine print, it mentions to only drink one, but who even reads fine print, right? Not many people do. People have drank the energy drink Red Line, did not read the fine print, and drank a couple too many. This caused them to lose the feeling in their legs and one person actually had to get rushed to the hospital because they blacked out and couldn't feel their body.

A young 15-year-old girl was at a sports competition. She drank the Redline energy drink and she was violently shaking and salivating. She died from drinking it. The town people took a stand,

banned energy drinks in their school, and also recommended a 7-11 store to stop selling these. This energy drink is one of the most dangerous energy drinks on the market. All energy drinks are dangerous and people need to realize how dangerous they really are. They don't see how valuable their life is and that drinking too much of a certain kind of energy drink can cost them their life. The only benefits energy drinks have is the caffeine boost. Television ads and websites try to fool you. They say "there are energy drinks that are healthy for you", or that "energy drinks just give you a boost of caffeine". That's untrue-- they give you so much more. They give you a boost of caffeine with other stimulants which cause your heart rate to beat rapidly and your blood pressure to drop. In recent studies, energy drinks have caused teenagers to have heart attacks. 5-hour energy shots have just as much caffeine as any other energy drink. They are equally just as bad for you, if not worse. It isn't just teenagers who drink these dangerous cans and bottles of terror. Adults drink them too. Energy drinks are dangerous for everyone, and everyone should think about how dangerous they really are.



Summer Ideas: from ordinary to extraordinary

By: Shania DeAnda

- Say 'yes' to everything for a day
- Mini road trip
- Climb a tree
- Play tag in the rain
- Watch a sunset
- Watch a sunrise
- Go bowling
- Eat a sno-cone
- Have a bonfire party
- Have a water balloon fight
- Go horseback riding
- Do a photo shoot
- Catch critters
- Go rock climbing
- Watch clouds go by
- Write a short story
- Watch Disney movies all day
- Go on a bike ride
- Go ice blocking
- Play flashlight tag
- Drive directionless
- Make smores
- Tie dye a shirt
- Send a message in a bottle
- Have a mud fight
- Go swimming
- Lick to the center of a tootsie pop
- Have a barbecue
- Play mini golf
- Play hide-n-seek
- Fill up an entire coloring book
- Camp in the backyard
- Camp in the wilderness
- Release a balloon with a message in it
- Have a picnic at the park
- Have a scary movie marathon
- Sidewalk chalk
- Play twister
- Have a silly string fight
- Watch fireworks
- Have a water gun fight
- Find a waterfall
- Go to a concert
- Stargaze
- Try something new
- Play on monkey bars
- Bake all day
- Make root beer floats
- Have a paint fight
- Walk in a creek
- Make new friends
- Fly a kite
- Try every Ben and Jerry's ice cream flavor
- Find a four leaf clover
- Make homemade yogurt popsicles
- Go a day without using any technology
- Game night
- Perform a chinese fire drill
- Have a sleepover
- Go glow in the dark night swimming
- Throw a party
- Make a Harlem Shake video